



Seva Mandal Education Society's  
**Dr. Bhanuben Mahendra Nanavati College of Home Science (Autonomous)**  
NAAC Re-accredited "A+" Grade with CGPA 3.69/4 (3<sup>rd</sup> Cycle)  
UGC Status College with Potential for Excellence (2016-2021)  
"BEST COLLEGE AWARD 2016-17" Adjudged by S.N.D.T. Women's University  
Selected under "Enhancing Quality and Excellence in select Autonomous College"  
by Rashtriya Uccharat Shiksha Abhiyan (RUSA)

### **Best Practice I**

#### **1. Title of the Practice**

Community Outreach Initiatives

#### **2. Objectives of the Practice**

*What are the objectives / intended outcomes of this "best practice," and what are the underlying principles or concepts of this practice? (in about 20 words)*

**Encourage a culture of social responsibility, empower individuals, offer educational opportunities, foster collaboration, and drive sustainable community development through student engagement initiatives, ensuring long-lasting impact.**

#### **3. The Context**

*What were the contextual features or challenging issues that needed to be addressed in designing and implementing this practice? (in about 30 words)*

**Apprehensions for implementing strategies, unwilling participation and finding a balance between community involvement and academic responsibilities pose significant challenges.**

#### 4. The Practice

*Describe the best practice and its uniqueness in the context of Indian higher education. What were the constraints/limitations, if any, faced? (in about 50 words)*

**The institution fosters the needs of the community in terms of health, human and skill development. Its uniqueness lies in bridging nutritional knowledge gaps and providing skill-based training in soft skills and textile science. Limitations included scarcity of resources for Balmela, student availability and paucity of time. Reluctant participation surfaced in the community due to difficulty travelling due to lack of transportation.**

#### 5. Evidence of Success

*Provide evidence of success, such as performance against targets and benchmarks, review/results. What do these results indicate? Describe in about 40 words.*

**The practice was successful in creating awareness in the community about health and nutrition reaching a total of 48 NCC cadets and school children. Bal Mela successfully involved 139 underprivileged students of the M.P. Lion Bhutta School, 381 students from various schools and 190 adults from teaching training institutes. Textile skill training was imparted to 14 rescued women.**

#### 6. Problems Encountered and Resources Required

*Please identify the problems encountered and resources required to implement the practice (in about 30 words).*

**Spatial constraints, traveling and post-pandemic concerns about crowded places posed challenges. Various audio-visual educational tools and videos were essential for educational purposes, prompting students to create resources such as videos, skits, posters, booklets etc for nutrition education and counselling.**

**The total cost incurred for the Nutritional consultancy project on health and well-being was Rs.10,000 and the income was Rs. 30,000 for 6 months and the cost incurred for the Sports nutrition consultancy project was Rs.4000 and the income was Rs. 30,000 for 6 months.**

**7. Notes (Optional)**

*Please add any other information that may be relevant for adopting/ implementing the Best Practice in other institutions (in about 30 words).*

*Any other information regarding Institutional Values and Best Practices which the institution would like to include.*

**Nil**

## BEST PRACTICE II

### 1. Title of the Practice

Earn While You Learn Scheme for Student Groups

### 2. Objectives of the Practice

*What are the objectives / intended outcomes of this “best practice” and what are the underlying principles or concepts of this practice? (in about 20 words)*

**To support students with financial aid, skill development leading to academic continuity, and industry integration.**

### 3. The Context

*What were the contextual features or challenging issues that needed to be addressed in designing and implementing this practice? (in about 30 words)*

**Addressing raw material provision, demand-supply ratio, teaching budgeting and entrepreneurship amid time constraints, balancing studies and client needs, and enhancing technical skills.**

### 4. The Practice

*Describe the best practice and its uniqueness in the context of Indian higher education. What were the constraints/limitations, if any, faced? (in about 50 words)*

**The scheme provides students of all departments with an opportunity to create a business plan, how to do budgeting and financing along with effective use of raw materials. Products such as different educational toys & games, recreational games for the elderly, unique food products followed by consumer feedback, nutritional value calculations, packaging, labelling and sales. Restaurant set-up provides experiential learning for students.**

## 5. Evidence of Success

*Provide evidence of success such as performance against targets and benchmarks, review/results. What do these results indicate? Describe in about 40 words.*

**The students developed and sold various nutritious variants of popular food products. E-Teaching videos for BPCT project, earnings of 30,000. SYBCA developed a website for SMES and stalls generating a profit of 1500. With the exhibition of textiles, an amount of 11,038 was earned as profit by the students.**

## 6. Problems Encountered and Resources Required

*Please identify the problems encountered and resources required to implement the practice (in about 30 words).*

**Challenges included sourcing raw materials to meet product-specific requirements, facing overpriced materials and scarcity of resources under Restaurant Set-Up. Time and human energy constraints led to insufficient sales output. Limitations also arose as products catered predominantly to female consumers' interests under Vastrakala.**

## 7. Notes (Optional)

*Please add any other information that may be relevant for adopting/ implementing the Best Practice in other institutions (in about 30 words).*

*Any other information regarding Institutional Values and Best Practices which the institution would like to include.*

**To conduct more sessions on budgeting and planning to help students understand the significance of financial management. It will also help students learn strategies to cater to a niche market**